

Week 1	St Scholasticas	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Monday	Chicken korma, rice & broccoli	✓					✓	✓		✓			✓		
	Roasted vegetable & chickpea curry, rice & broccoli												✓		
Tuesday	Cheese & tom pizza, new potatoes & green salad	✓		✓			✓	✓		✓					
	Fiesta pizza, new potatoes & green salad	✓		✓			✓	✓		✓					
	Apple pie & custard	✓		✓			✓	✓							
Wednesday	Roast turkey and stuffing, roast potatoes, cauliflower & carrots	✓													
	Roasted vegetable & lentil strudel, roast potatoes, cauliflower & carrots	✓					✓	✓							
Thursday	Beef meatballs, pasta, sweetcorn & cabbage	✓								✓			✓		
	Roasted vegetable & butter bean ratatouille, pasta, sweetcorn & cabbage	✓													
	Jam sponge & custard	✓		✓			✓	✓							
Friday	Breaded cod, oven chips & baked beans	✓			✓						✓				
	Veg & bean buritto, oven chips & baked beans	✓						✓							
	Ice cream							✓							
Every day	Jacket potato - cheese							✓							
	Jacket potato - tuna mayo			✓	✓										
	Jacket potato - baked beans														
	Salad bar														
	Bread	✓		✓								✓			
	Cut fruit - various														
	Organic yoghurt							✓							

Week 2	St Scholasticas	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Monday	Chicken chow mein, noodles & roasted winter vegetables	✓		✓			✓								
	Vegetable & tofu chow mein, noodles & roasted winter vegetables	✓		✓			✓								
Tuesday	Beef casserole, rice, cauliflower & carrots	✓								✓			✓		
	Vegetable & butter bean paella, pasta, cauliflower carrots									✓					
	Chocolate sponge & chocolate sauce	✓		✓			✓	✓							
Wednesday	Roast chicken thigh, roast potatoes, broccoli, mashed swede & gravy														
	Cheese & potato whirl, roast potatoes, broccoli & mashed swede	✓						✓			✓				
Thursday	Beef burger in a bun, seasoned wedges & baked beans	✓										✓	✓		
	Veggie burger in a bun, seasoned wedges & baked beans	✓		✓								✓			
	Fruit crumble & custard	✓		✓			✓	✓							
Friday	Omega 3 fish cakes, oven chips, peas & sweetcorn	✓			✓										
	Cheese & tomato pasta bake, garlic slice, peas & sweetcorn	✓						✓							
	Lucy's sweet of the week	✓						✓							
Every day	Jacket potato - cheese							✓							
	Jacket potato - tuna mayo			✓	✓										
	Jacket potato - baked beans														
	Salad bar														
	Bread	✓		✓								✓			
	Cut fruit - various														
	Organic yoghurt							✓							

Week 3	St scholasticas	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Monday	Beef curry, rice, cauliflower & peas									✓			✓		
	Sweet potato & lentil korma, rice, cauliflower & peas												✓		
Tuesday	Sausage hotdog, crushed new potatoes, sweetcorn & cabbage	✓						✓				✓	✓		
	Quorn sausage hotdog, crushed new potatoes, sweetcorn & cabbage	✓						✓				✓	✓		
	Carrot cake & custard	✓		✓			✓	✓							
Wednesday	Roast beef, Yorkshire pudding, roast potatoes, carrots and broccoli	✓		✓				✓							
	Roasted vegetable & bean tart, roast potatoes, carrots & broccoli	✓		✓				✓							
Thursday	Chicken pasta bake, garlic slice & roasted vegetables	✓					✓	✓		✓					
	Vegetable & kidney bean jollof rice & roasted vegetables														
	Shortbread	✓						✓							
Friday	Battered cod, oven chips & baked beans	✓			✓			✓							
	Spanish omelette oven chips & baked beans			✓											
	Fruit cocktail														
Every day	Jacket potato - cheese							✓							
	Jacket potato - tuna mayo			✓	✓										
	Jacket potato - baked beans														
	Salad bar														
	Bread	✓		✓								✓			
	Cut fruit - various														
	Organic yoghurt							✓							